

## HEALTH AND WELLNESS COMMITTEE OF THE COA

### Meeting Notes

May 7, 2013 9am-10:45am

**In Attendance:** Beth Shapiro, Shawn Brennan, Tammy Duell, Judy Levy, Myrna Cooperstein, Revathi Vikram, Marcia Pruzan, Sarah Gotbaum, Pazit Aviv, Lance Kilpatrick, Noelle Hyman, Candice Rettie, Mikki Firor, and Joe Petrizzo

Topic	Discussion Points	Decisions/follow-up
<i>Reports/Updates</i>	<ul style="list-style-type: none"><li>a. NIH – free handouts<ul style="list-style-type: none"><li>~ Talking with your older patient</li><li>~ Talking with your doctor</li></ul></li><li>b. Presenters on a panel – Dementia<ul style="list-style-type: none"><li>~ Odile &amp; Rev on the panel</li><li>~ video shown of the program – seniors volunteering to help others</li></ul></li><li>c. State Health Plan for hospice – handout given</li><li>d. NPR doing shows on air about elder abuse – to raise awareness. Bonnie Klem of Adult Protection was interviewed on one show.</li><li>e. Montgomery County – dementia<ul style="list-style-type: none"><li>~ Policy Implications of Dementia Tsunami: Issues re: patient's with feeding tubes:<ul style="list-style-type: none"><li>` families are not consulted 13% of times</li><li>` families feel pressure to have feeding tube put in</li><li>` risks of feeding tubes are not presented to family</li></ul></li></ul></li></ul>	<p>Marcia Pruzan gave an update on COH (Commission on Health)</p> <p>Shawn Brennan Tammy Duell will e-mail to all on the committee</p>

<p><i>Presentation by the Alzheimer's Association</i></p>	<p>             `there is no change in survival rate if feeding tube is put in              `side effects from the feeding tube can decrease life           </p> <p>             Mid-March – National Association came out with new stats &amp; figures:              Alzheimers is the 6<sup>th</sup> leading cause of death by disease.              Increase in 68%              Unable to be cured or prevented.              Treatment can only mask the symptoms 50% of the time.           </p> <p>             Cost of treatment – the way it is going will bankrupt Medicare and Medicaid. 203 billion dollars spent now; by 2050 it will be 1.5 trillion dollars.           </p> <p>             Conclusion: if we don't fund science, this will bankrupt the country.           </p> <p>             Care giving – very stressful; do care takers actually see themselves as care takers?           </p> <p>             Dementia : No bio markers or genetic markers to date              There are clusters of traits – but it could be from other diseases.              Medication side effects can make someone look demented.           </p> <p>             Alzheimer's Association working with Montgomery County              28 support groups plus telephone support           </p>	<p>Candice Rettie &amp; Mikki Firor</p>
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Next Meeting:	Tuesday, June 4, 2013 9:00 a.m.-10:30 a.m.	<i>401 Hungerford Drive</i> <i>7<sup>th</sup> Floor Conference Room</i> <i>Rockville, Maryland</i>
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